

PREVEA
health

4imprint.
RACE SERIES EVENT



Let's Go Team...

April 15, 2023



PREVEA
health



Welcome Teams!

Thank you for being with us for the 2023 Run Away to the Bay.

Thank you for supporting local events, which supports our local economy and local non-profits. Your participation makes a difference!

Thank you to the 4 counties, 5 townships, 6 cities, police, and other authorities who work together with us to make this possible in 2022.

Slaite!

A handwritten signature in black ink that reads 'Ross'.



Keep Running With Us in 2023!



www.runawayshoes.net/events

Thank You!

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Major Sponsors



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Payroll | Personal | Premier



festival
foods

Road & Event Rules!

Slap Bands: Each team will receive one in their team packet. This must be worn by the team member running on the course. The runners will exchange the slap band when the next runner takes their turn.

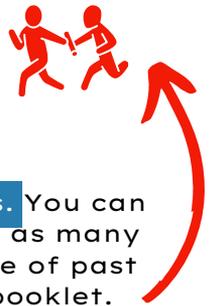
Traffic: All traffic has the right-of-way while you are running on the course! Please run on sidewalks/paths as much as possible!

Signs: Follow the Run Away to the Bay signs. These will be placed on the side of the road that you should be running (not in the road).

Awards Eligibility: Teams must cover the entire race distance to be eligible for awards and official finish time. No rides or skipping sections of the course.

Headphones: Allowed, but please keep the volume low and please use just one earphone.

Exchange Instructions



There are **no formal exchange zones or set legs.** You can exchange runners whenever you would like and as many times as you like. If you would like the guidance of past exchange location, please see this icon in the booklet.

SAFETY FIRST: When you decide to exchange runners, please be mindful of where you pull off the course so that the runners can merge onto and off the course safely.



Course Overview

215ft
Elevation



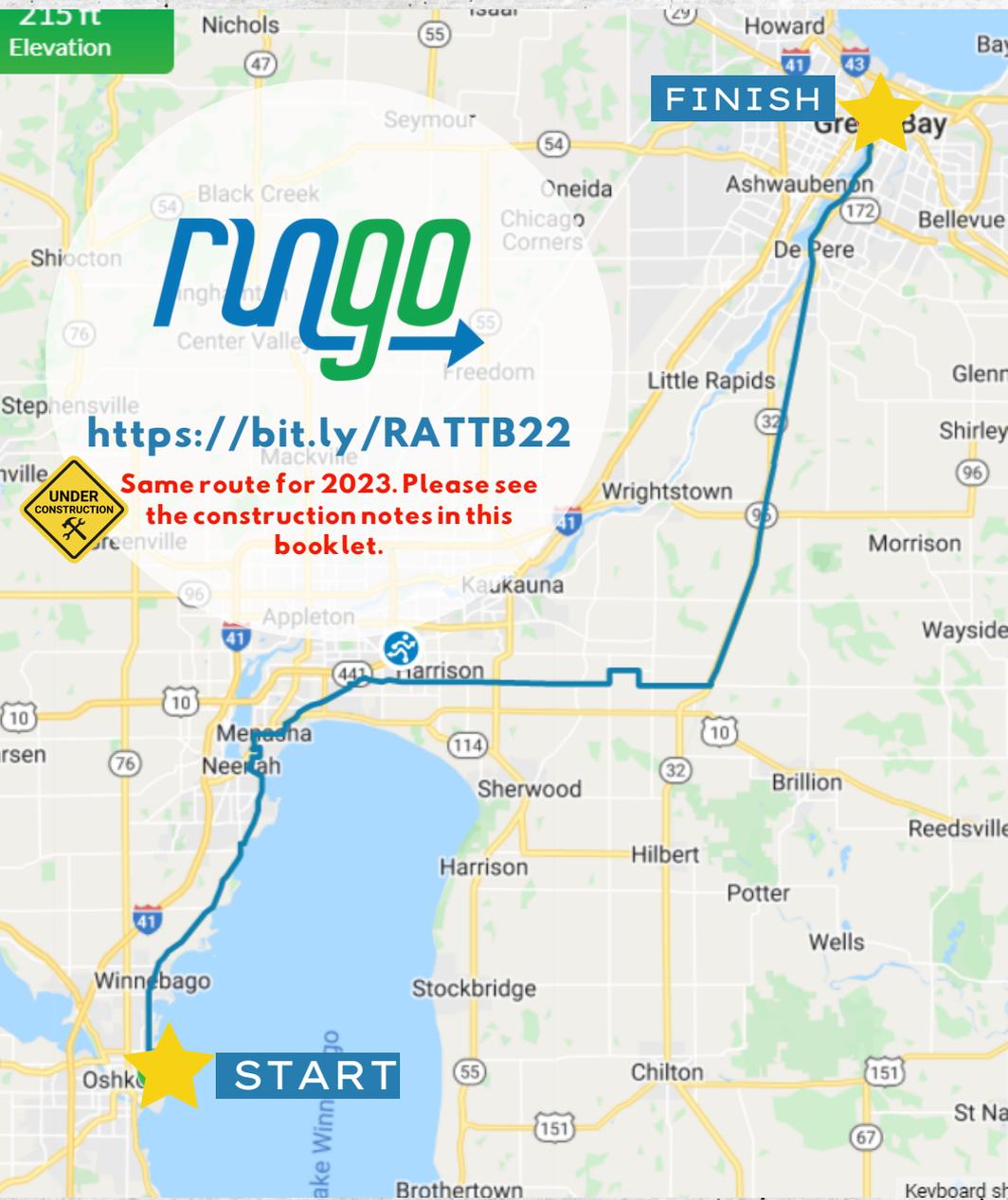
<https://bit.ly/RATTB22>

Same route for 2023. Please see the construction notes in this booklet.



FINISH

START



Start Line Instructions

Enter on
Siewert Tr.

Restrooms are located in the parking lot by the Reetz Softball Complex (city decides if they will be opened based on the weather). If they are closed we will have porta potties instead. There are **NO** restrooms at the start line, so plan accordingly before you head to the start.

Packets will be available for teams to pick-up along near the parking lot by the start area beginning at 6:00am through the start of the last wave.



Please attend your assigned wave start time!

W Snell Rd

E Snell Rd

KNOXVILLE

3

3



Bowen St

2



Harrison St. - 2023
Route Detour

E Murdock Ave
Murdock Ave

N Main

Bowen St

Follow along on



New York Ave

Let's Go!

LEFT onto Oaks Trail
Slight RIGHT onto
Hickory Street

LEFT onto East
Murdock Avenue

RIGHT onto Harrison
St.

LEFT onto Bowen St.

1

Hickory St

Oaks Trail



START

76

45

South Williamson Bay

Head straight onto
North Shore Drive

BAGO Bar & Grill
6392 County Rd A,
Neenah, WI 54956



Please use the path
between mile 5 & 6

Continue on
County Rd A



Thank You!



Good luck runners.

We are with you every step of the way.



Joseph Albers, DPM
Podiatrist
(Foot and Ankle Surgeon)



Mark Kachan, DPM,
FACFAS, FASPS, FACPM
Podiatrist
(Foot and Ankle Surgeon)



Amy Romandine Kratz, MD
Sports Medicine and Family
Medicine Physician



April Borchardt, DPM
Podiatrist
(Foot and Ankle Surgeon)



Jeremy Metzler, MD
Sports Medicine and Family
Medicine Physician



McKenzie Sprangers, PA-C
Physician Assistant



Jonathan Dunker, DO
Orthopedic and Sports
Medicine Surgeon



Padraic Obma, MD
Orthopedic and Sports
Medicine Surgeon



Wyatt Wiedenfeld,
DPM, AACFAS
Podiatrist
(Foot and Ankle Surgeon)



Your official race day medical provider.

To schedule an appointment or for more information, call (920) 272-3300 or visit: prevea.com/ortho

RIGHT onto Washington St

SHARP LEFT

Lake Edge L
Center Near

RIGHT onto Oak Street

STRAIGHT onto West G
Bryan Bridge

Go STRAIGHT through
roundabout

RIGHT onto East Forest
Avenue

LEFT onto Fifth Street

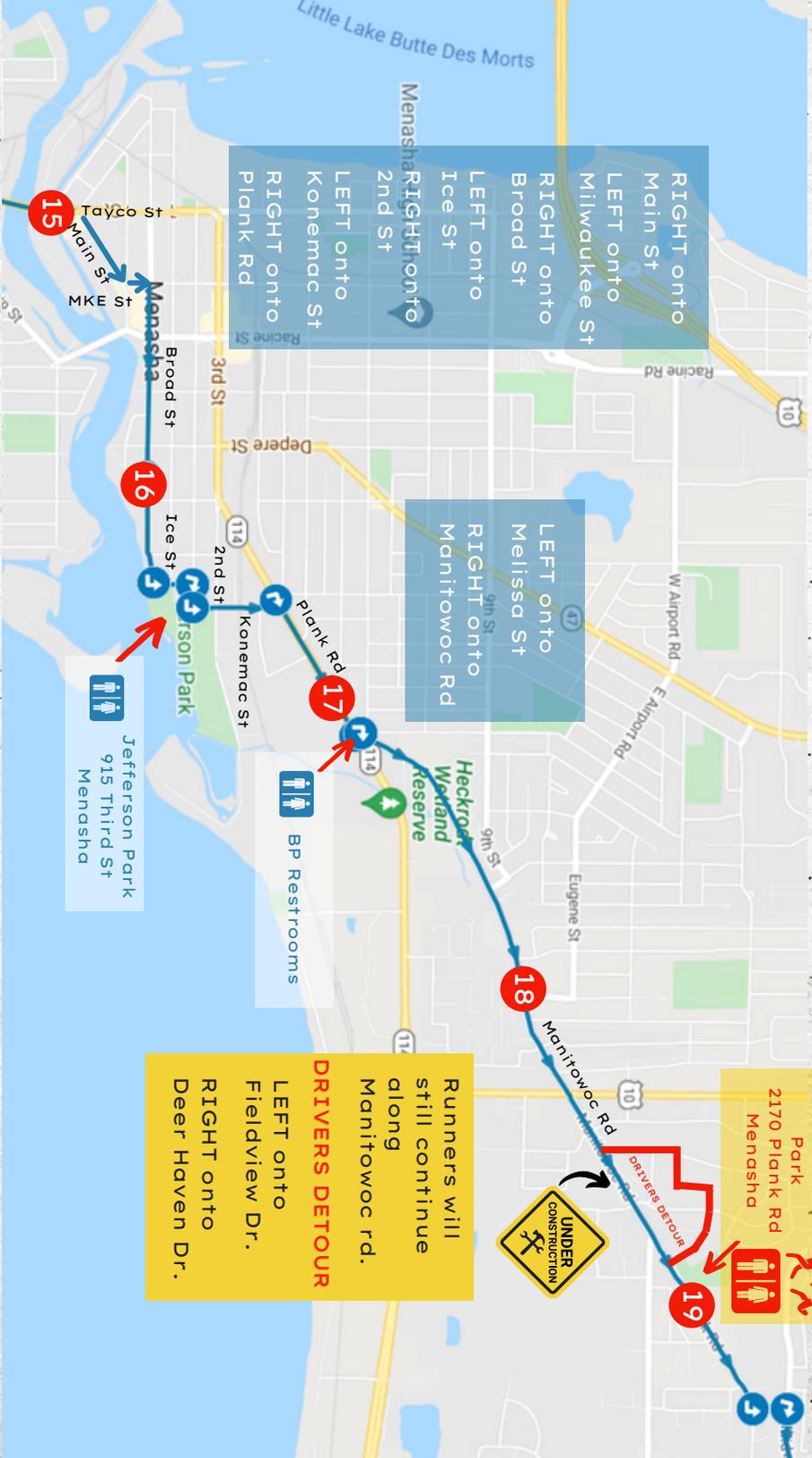
LEFT onto
East Wisconsin Avenue

Mahler Park
1536 S Park Ave,
Neenah

RIGHT onto South
Park Avenue



Financial Freedom
People | Process | Product



RIGHT onto
Main St
LEFT onto
Milwaukee St
RIGHT onto
Broad St
LEFT onto
Ice St
RIGHT onto
2nd St
LEFT onto
Konemac St
RIGHT onto
Plank Rd

LEFT onto
Melissa St
RIGHT onto
Maniowoc Rd

Runners will still continue along Maniowoc rd.
DRIVERS DETOUR
LEFT onto Fieldview Dr.
RIGHT onto Deer Haven Dr.

Barker Farms Park
2170 Plank Rd
Menasha

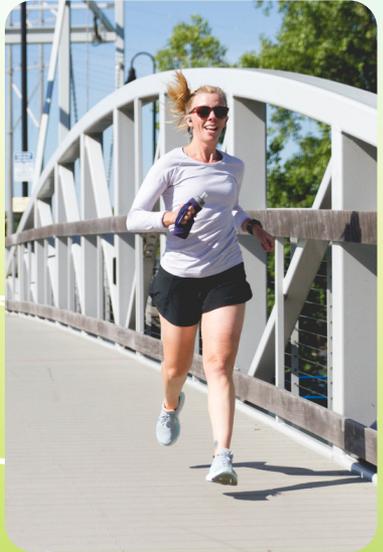
Jefferson Park
915 Third St
Menasha

BP Restrooms

**HERE COMES
THE SUN.**



**FAIRER
WEATHER,
FINALLY!**



**ENJOY THE
OUTDOORS.**



**FOOTWEAR
FOR LIFE.**

runawayshoes.net



STRAIGHT onto Plank Rd
LEFT onto Chestnut Lane
RIGHT onto Midway
Continue on Midway

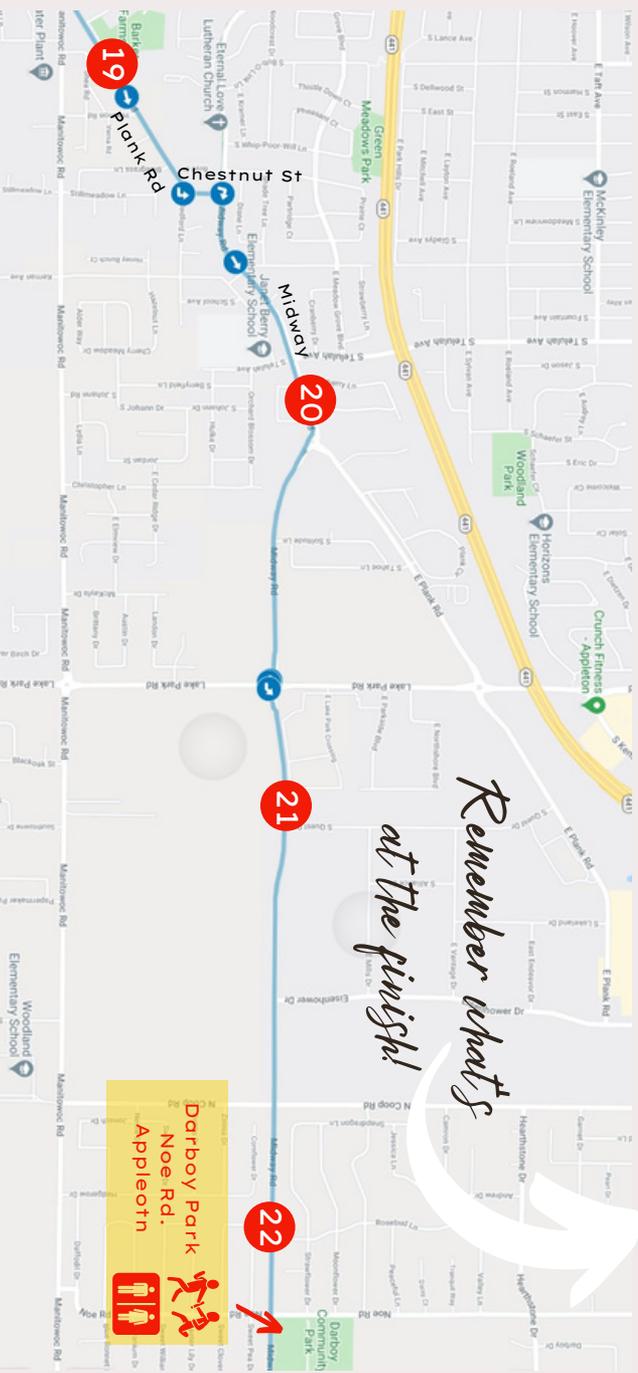
Creating experiences.
Connecting people.
Crafting great beer.



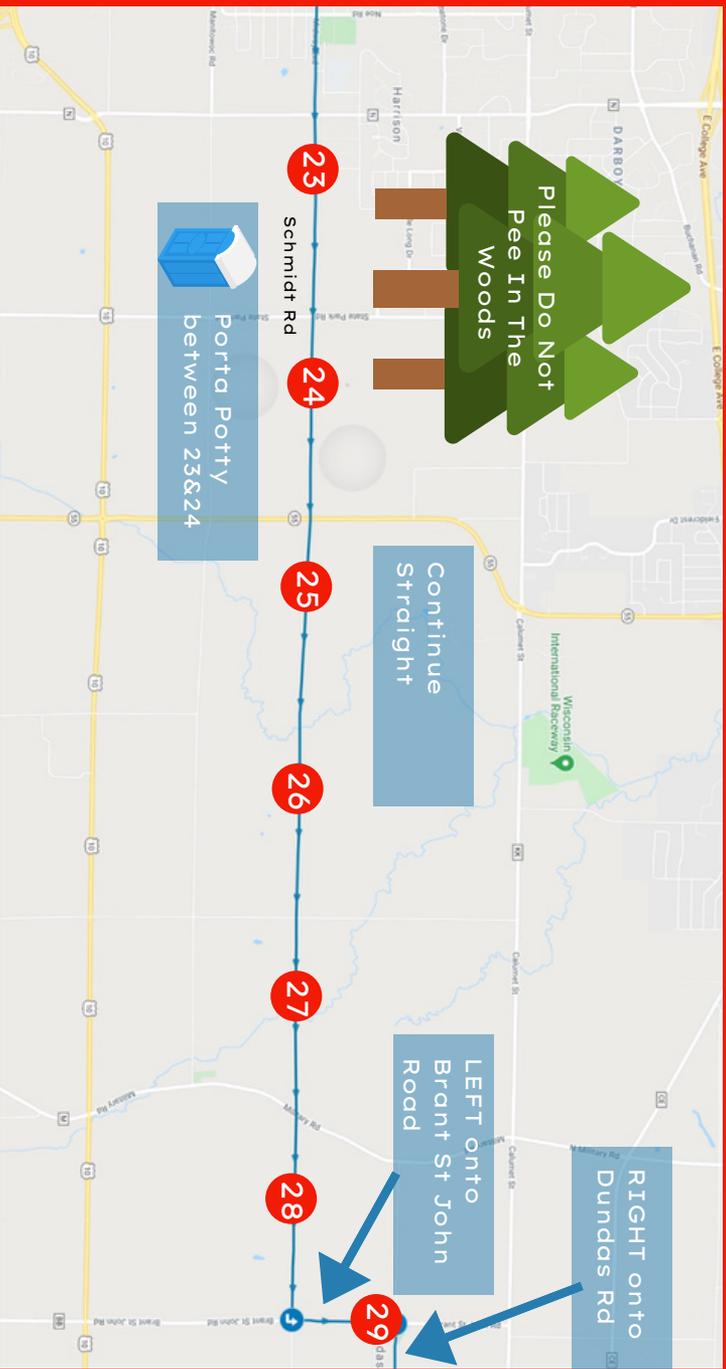
*Remember what's
at the finish!*



Darboy Park
Noe Rd.
Appleotn



It's brutal but someone has to do it



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what really matters.



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Proud to support the Houdini 10k.

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2 Porta Potties
 Dump Station -
 Clean Out Your
 Vehicle!

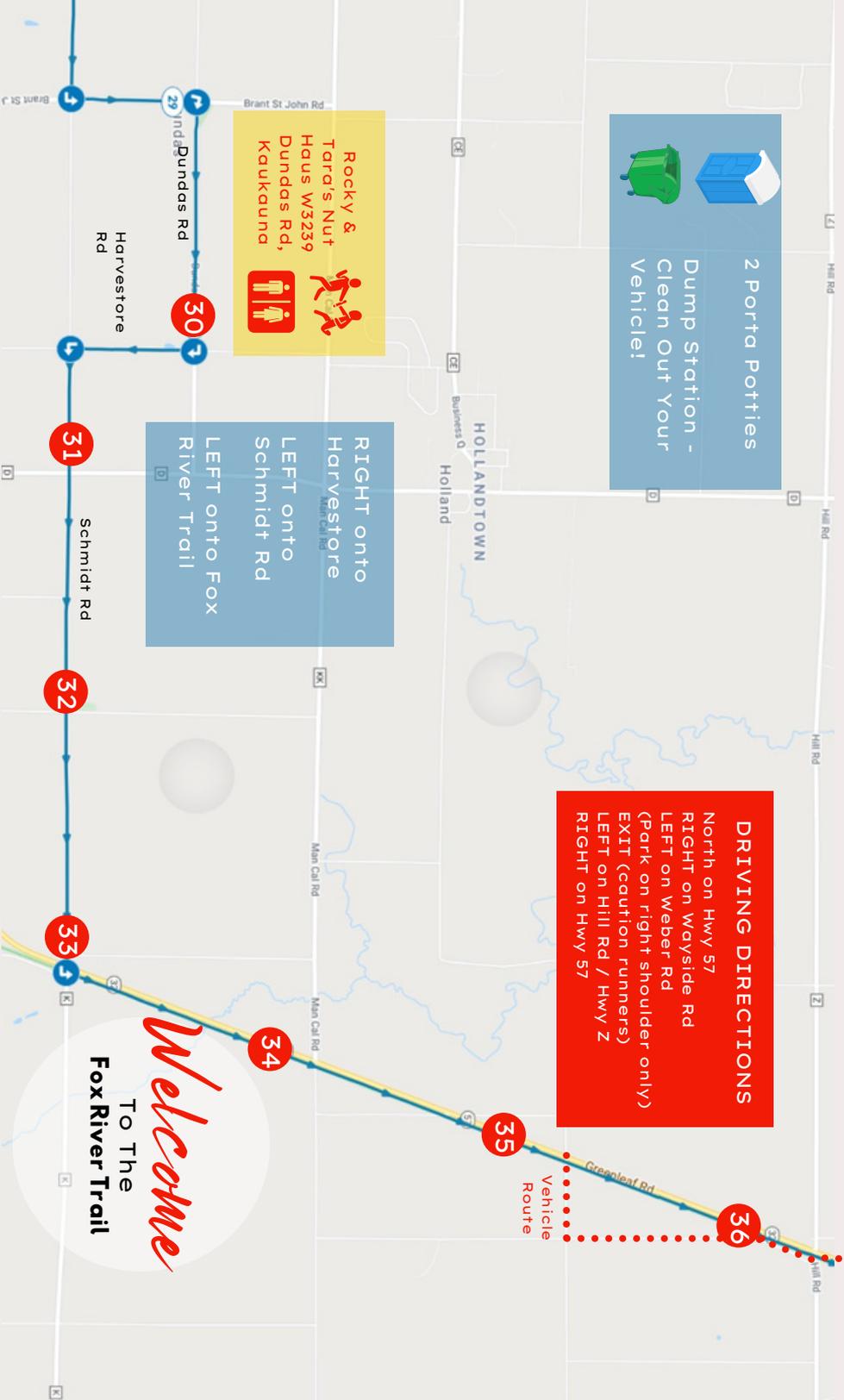
Rocky &
 Tara's Nut
 Haus W3239
 Dundas Rd,
 Kaukauna




RIGHT onto
 Harvestore
 LEFT onto
 Schmidt Rd
 LEFT onto Fox
 River Trail

DRIVING DIRECTIONS
 North on Hwy 57
 RIGHT on Wayside Rd
 LEFT on Weber Rd
 (Park on right shoulder only)
 EXIT (caution runners)
 LEFT on Hill Rd / Hwy Z
 RIGHT on Hwy 57

Welcome
 To The
 Fox River Trail






LedgeStone Vinyards
6381 State Highway 57,
Greenleaf, WI 54126

Stay on the Fox River Trail

festival
foods

Holla Wildlife

41

40

39

38

37

36

40

32

96

96

96

PP

IL

PP

37

36

PP

Fair Rd

Fair Rd

Greenleaf



Hill Rd

Askeaton

Hill Rd



Rockland Rd

Stay on the Fox River Trail



Porta Potty
between 44 & 45

42

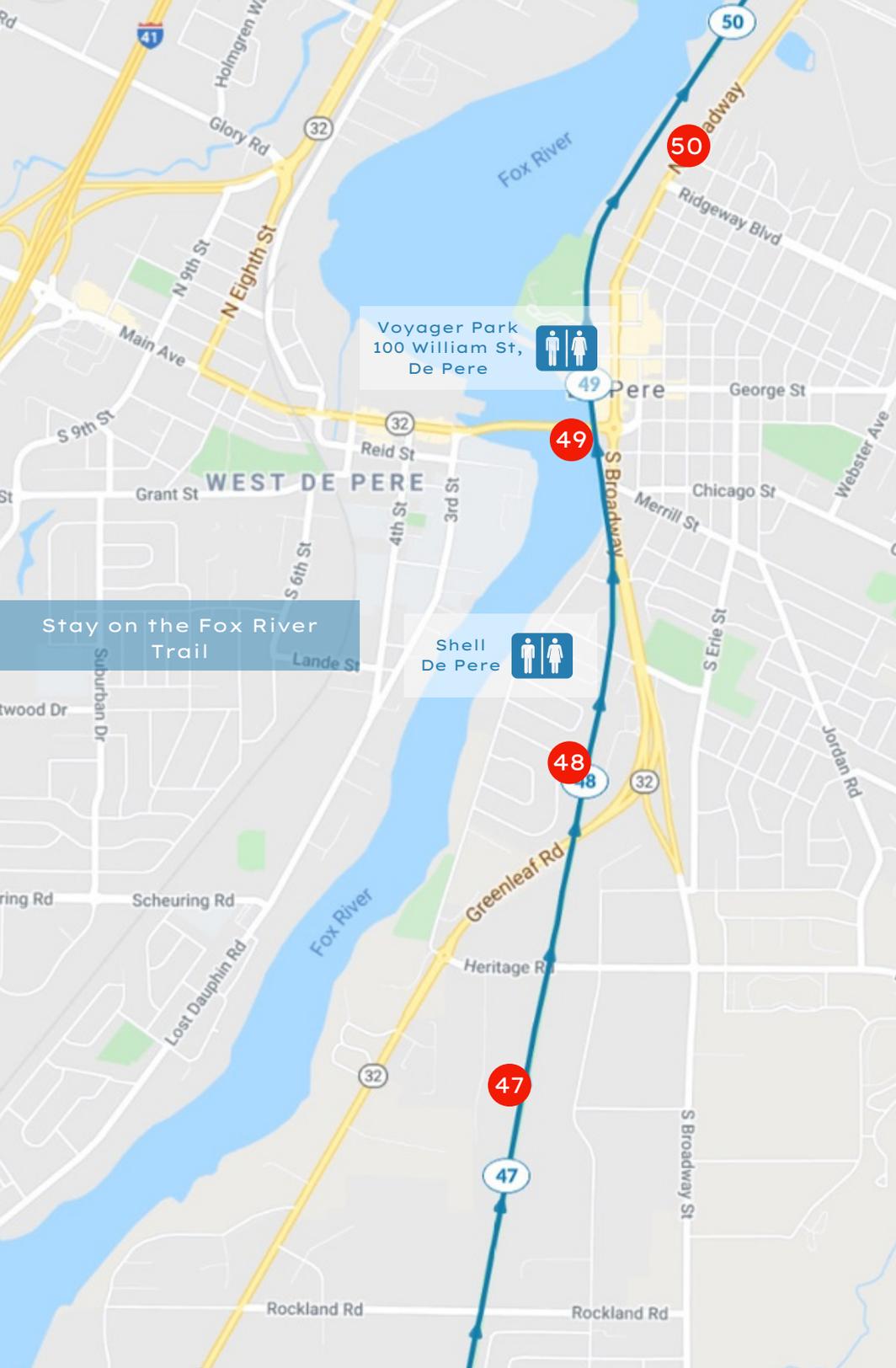
43

44

45

46

RUN AWAY
SHOES



Voyager Park
100 William St,
De Pere



49

Shell
De Pere



48

47

47

Stay on the Fox River
Trail

YOU'LL SHINE WE'LL MAKE CERTAIN

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Bags



Technology



And more!

Linda,
with 4imprint
5 years



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Thank you Green Bay Running Club for Finish Line Support!



Energy drink samples at the finish!



Stay on the Fox River Trail and continue on the Green Bay Riverwalk

Fox Point Boat Launch
3630 Riverside Dr. De Pere



Finish Line Instructions

Parking: We suggest parking in the Cherry St. Ramp. (entrance on Cherry between Washington & Adams.)

Finishing The Race: Meet your last runner & cross the finish line as a team to collect your finisher medals! Make sure your last runner is wearing the bib with the chip.

Food & Beverage: Food will be available in the banquet room of Hagemesiter Park and beer will be outside.



Awards: We estimate that awards will be available to pick-up at around 4pm/4:30pm. There will be no formal awards ceremony. If you think your team was in the top three of your division & category, please come to the tent at the finish line.

You can find complete results at www.runawayshoes.net/rattb at the end of the event. Awards will also be available for pick-up at a Run Away Shoes Appleton beginning Tuesday after the event.

Medical Care & Massage will be at the finish line!



Thank You

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Series Sponsor



RUN AWAY
Event Races

4imprint

FALL
RACE SERIES EVENTS

 **Capital**
credit union
Doing the Right Thing

**HOUDINI**
10K

11.04 APPLETON


COMMUNITY FIRST
CREDIT UNION

**Santa**
Scamper

11.22 APPLETON

NEW

**JOLLY**
JOG

11.30 OSHKOSH

REGISTER AT
runawayshoes.net/events